


**Start your day
with Breakfast**

October High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Taco w/ Pretzel & Cheese Sauce Romaine Salad Fruit Cup Choice of 1% or Chocolate Milk	2 Sloppy Joe Sandwich Broccoli Fruit Cup Choice of 1% or Chocolate Milk	3 Turkey & Gravy Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk	4 Chicken Tenders Rice Carrots Fruit Cup Choice of 1% or Chocolate Milk
7 Diced Chicken Wrap Rice Corn Fruit Cup Choice of 1% or Chocolate Milk	8 Pasta With Meat Sauce Spinach Fruit Cup Choice of 1% or Chocolate Milk	9 Nachos Black Bean Fruit Cup Choice of 1% or Chocolate Milk	10 Deli Sandwich Carrots Fruit Cup Choice of 1% or Chocolate Milk	11 Ham & Cheese on a Bagel Tater Tots Fruit Cup Choice of 1% or Chocolate Milk
14 	15 Soft Shell Taco Baked Beans Fruit Cup Choice of 1% or Chocolate Milk	16 Cheesy Chicken Rice Broccoli Fruit Cup Choice of 1% or Chocolate Milk	17 Toasted Cheese Sandwich Tomato Soup Fruit Cup Choice of 1% or Chocolate Milk	18 Chicken Patty Sandwich Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk
21 Pulled Pork Macaroni & Cheese Carrots Fruit Cup Choice of 1% or Chocolate Milk	22 Beef & Gravy Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk	23 Chicken Parmesan Sandwich Rice Broccoli Fruit Cup Choice of 1% or Chocolate Milk	24 Cheeseburger W/ Bun Baked Beans Fruit Cup Choice of 1% or Chocolate Milk	25 Variety Pizza French Fries Fruit Cup Choice of 1% or Chocolate Milk
28 Deli Sandwich Baked Beans Fruit Cup Choice of 1% or Chocolate Milk	29 Beef Taco w/ Pretzel & Cheese Sauce Romaine Salad Fruit Cup Choice of 1% or Chocolate Milk	30 Sloppy Joe Sandwich Broccoli Fruit Cup Choice of 1% or Chocolate Milk	31 Turkey & Gravy Mashed Potatoes Corn Fruit Cup Choice of 1% or Chocolate Milk	MENU OPTIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE ALL ITEMS BASED ON AVAILABILITY

**Alternate
Entree**

**Monday -
Hamburger**

**Tuesday -
Pizza**

**Wednesday -
Chicken
Patty**

**Thursday -
Pizza**

**Friday - Fish
w/ Cheese**

**Peanut
Butter & Jelly
is optional
daily**

**HAPPY
HALLOWEEN!**